



DMAT Website Article from Mellis CE Primary Autumn 2025

Mellis School hosts a real-life Gladiator!

Mellis School takes sports and participation in sports very seriously, and we have been awarded the Gold Sports mark for the fifth year in succession; we are now able to go for the Platinum award in the Summer.

As part of this effort, our Mellis School Parents' Association has worked very hard to secure a visit from 'Steel' (a.k.a. Zack George) the Gladiator from the TV series of the same name. The children's response to this news can only be described as electric, and the thrum of anticipation was palpable!

Steel did not disappoint! He delivered an inspiring talk to the whole school on the virtues of courage, perseverance and chasing goals. He referred to the difficulties he had faced at their age with confidence and self-esteem, and that how with support he had overcome those worries to become Britain's Fittest Man in 2020. He talked about strategies to steady nerves and building on small steps at a time in a way that really cut through to an audience from four to eleven.

A fantastic visit!



